

The regular meeting of the Island County Board of Health was called to order at 1:30 p.m., Monday, August 11, 1997, in the Island County Courthouse Annex, Coupeville, Wa. Board of Health members attending: Mike Shelton, Chairman; Wm. L. McDowell, Member. Member, Tom Shaughnessy, was absent. Others present included: Roger Case, M.D., Health Officer; Tim McDonald, Health Services Director; Carol McNeil, Nursing Supervisor; Jan Dahl, Assessment Coordinator; Toni Martin, Public Health Nurse; and Marshall Bronson, Community Health Advisory Board (CHAB).

### CHAB STATUS REPORT

On behalf of the CHAB, Mr. Bronson stated that health status community presentations and Goal 500 Surveys were going very well, the progress as follows: [ hand out provided]

#### Surveys Presentations

226 Surveys received 17 CHAB presentations complete

274 Surveys needed 33 CHAB presentations to go.

### PRESENTATION: PILOT PROJECT - CAMANO ISLAND COMMUNITY HEALTH IMPROVEMENT PROJECT

Toni Martin, R.N., gave the presentation with regard to a pilot project "Camano Island Community Health Improvement Project", an effort in seeing if the Camano community would

come together and work with the County to create a healthier community. To structure that

the community health process was pulled together, much the same as CHAB utilized for their work this year on Whidbey Island. Work began by creating a community coalition, and trying to vision what a healthier Camano would look like, then working with the community to do health assessment of the community and prepare a report, now being distributed to the community in two different formats. The next step will be prioritizing the health issues that have come from the assessment process in collaboration with the community and looking at creating and implementing a community health plan.

The presentation is taken out to the community and provides the information and with that, a

request for community members to fill out a survey and prioritize the issues. This health report, in collaboration with Camano Fire District, was mailed out to all homes on Camano Island with a survey form. The Community Coalition on Camano Island came up with seven themes - visioned as the "ideal".

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Report/Presentation: [hand out "*Camano Health Report 1997*" insert in the Summer 1997 edition of Camano Island Fire & Rescue Newsletter]. Data sources included: Community windshield survey - March, 1997; Behavioral Risk Factor Survey - 1996; Mortality and Morbidity statistics 91-94; U. S Census information.

How Camano Island might look in the year 2020:

Theme #1 We have accessible and affordable health care with a partnering between traditional and alternative medicine, a focus on health prevention, and services for all generations.

Theme #2 We value and provide for a community center that supports our local economy, including artists, and offers education, recreation and healthy entertainment opportunities for all generations.

Theme #3 We value and provide for our healthy rural environment - our open spaces, green areas, gardens, wildlife, lake and beach accesses, and our network of pedestrian and bike paths.

Theme #4 We value and provide for our youth, a community enriched by intergenerational interactions which support the individual and family's physical, mental, emotional, social and spiritual well being and growth needs.

Theme #5 We value and provide for a comprehensive and environmentally friendly transportation system that connects residents with our local services and recreational facilities.

Theme #6 We value and support the growth of unobtrusive local business clusters which meet our citizens basic needs and provides increased shopping and economic opportunities.

Theme #7 We value and provide for the safety of our citizens, neighborhoods and communities.

Referring to Theme #3, Chairman Shelton observed that land use issues in Island County are extremely volatile and tend to be very polarizing, and in terms of creating healthy communities, cautioned not to get bogged down in pro growth or no growth perceptions. Of note is that Island County has in many ways taken the lead in protecting water resources and the County is not about to abandon that kind of a path. One thing the vast majority of citizens agree on is maintaining the rural environment. Definition of rural environment can vary from one person to the next, but there is a dedication on the part of a vast majority of Island County citizens to maintain some sense of rural and stay away from urban development throughout the county.

Chairman Shelton and Commissioner McDowell were very appreciative of the presentation and impressed with the work being done.

Meeting adjourned at 2:15 p.m. The next Regular Meeting is scheduled for September 8, 1997 at 11:15 a.m.

ISLAND COUNTY BOARD OF HEALTH

ISLAND COUNTY, WASHINGTON

*Mike Shelton, Chairman*

*Wm. L. McDowell, Member*

*[absent - Tom Shaughnessy, Member]*

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