

## **Guiding Good Choices (GGC)**

### **A Workshop for Parents of Children Ages 9-14**

**What:** *A research-based curriculum, GGC is designed to help parents reduce the risk that their children will develop problems with alcohol and other drugs.*

**Why:** *Among the many influences that reach your child, you want yours to be the strongest. There is clear evidence that informed child-rearing practices, attitudes, values, beliefs and behaviors of parents influence whether children will use drugs. Over 260,000 families have been strengthened by GGC since 1987.*

**When:** *5 two hour sessions - Monday evenings  
6:00 to 8:00 PM.  
(September 28 and October 5, 12, 19 and 26, 2009)*

**Where:** *Oak Harbor Middle School Library  
150 SW 6<sup>th</sup> Ave. Oak Harbor*

**Facilitators:** **Dan N. Bond, MSW**  
**Substance Abuse Prevention Specialist**  
**Island County Human Services**

**Sheila Weinsheimer, MSW**  
**School-based Mental Health Counselor**  
**(OHSD)**  
**Island County Human Services**

**Registration:** **To sign up for GGC Parent Workshops, please contact: Sheila Weinsheimer: 279-5340**

**Child Care available:** *Will you need Child Care?*  
*Yes \_\_\_\_\_ No \_\_\_\_\_*

*Please speak with Sheila Weinsheimer regarding child care needs.*